

Pre-Prep Lunch Menu Week 1

Week Commencing: 15 Apr, 6 May, 3 Jun, 24 Jun

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Bolognese or Quorn Bolognese	Mini Cheese Beef Burgers	Roast Lemon Herb Chicken	Sausage Pasta Bake Topped with Cheese	Breaded Fish Goujons
Jacket Potatoes with Cheese or Baked Beans	Cheese Toastie	Penne Pasta with Tomato Basil Sauce	Jacket Potatoes with Cheese or Baked Beans	Battered Chipolata Sausages
Accompaniments				
Freshly Baked Cheese Bread	Crispy Potato Wedges	Roast New Potatoes	Homemade Garlic Focaccia	Fried Sliced Potatoes
Sweetcorn, Roasted Courgettes & Red Onion	Baked Beans, Garden peas	Broccoli Florets, Carrots	Carrots & Green Beans	Garden Peas & Baked Beans
Homemade Desserts				
Fresh Cut Fruit Platter & Greek Yoghurt	Steamed Syrup Sponge & Custard	Fresh Cut Fruit Platter & Greek Yoghurt	Raspberry Mousse	Fresh Cut Fruit Platter & Greek Yoghurt

Pre-Prep Lunch Menu Week 2

Week Commencing: 22 Apr, 13 May, 10 Jun, 1 Jul

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Korma or Vegetable Jalfrezi	Mac & Cheese	Homemade Pork Sausages Rolls	Roast Turkey Breast Sage Stuffing, Rich Gravy, Cranberry Sauce	Margherita Pizza
Baked Potatoes with Spaghetti Hoops	Penne pasta with Meatball Tomato Sauce	Savoury Cheese Croissant	Baked Potato with Baked Beans	Penne Pasta with Basil Pesto
Accompaniments				
Basmati Rice, Mango Chutney	Freshly Baked Garlic & Herb Focaccia	Crispy Potato Wedges	Roast Potatoes	Potato Wedges
Green Beans	Sweetcorn	Spaghetti Hoops, Sweetcorn	Steamed Broccoli	Mini Corn on the Cob
Homemade Desserts				
Fresh Cut Fruit Platter & Greek Yoghurt	Chocolate Brownie	Fresh Cut Fruit Platter & Greek Yoghurt	Hot Chocolate Sponge with Chocolate Custard	Ice Cream Pots

Pre-Prep Lunch Menu Week 3

Week Commencing: 29 Apr, 20 May, 17 Jun

Monday	Tuesday	Wednesday	Thursday	Friday
Cumberland Sausages with Gravy Pasta with Tomato & Basil	Homebaked Beef Lasagne or Vegetable Lasagne Baked Potatoes with Cheese or Baked Beans	Chicken Noodles, Vegetable Spring Rolls Penne Pasta with Basil Pesto	Cheesey Pasta Bake Meatballs in Tomato Sauce Baked Potatoes with Cheese or Spaghetti Hoops	Breaded Chicken Goujons Ham, Egg & Chips
Accompaniments				
Mashed Potato	Freshly Baked Garlic Herb Focaccia Bread	Prawn Crackers	Freshly Baked Bread	Chunky Chips
Broccoli Florets, Baby Carrots	Roasted Butternut Squash, Steamed Greens	Steamed Sugar Snap Beans & Mangetout	Glazed Carrots, Green Beans	Peas & Baked Beans
Homemade Desserts				
Fresh Cut Fruit Platter & Greek Yoghurt	Iced Sprinkle Cake	Fresh Cut Fruit Platter & Greek Yoghurt	Chocolate Mousse	Fresh Cut Fruit Platter & Greek Yoghurt